

HOLIDAY HOCKEY CAMP - January 2-4, 2018

Group 1

	TUESDAY	WEDNESDAY	THURSDAY
8:00 AM			
8:15 AM	SIGN IN	SIGN IN	SIGN IN
8:30 AM	CHANGE	CHANGE	CHANGE
8:45 AM			
9:00 AM	ON ICE GROUP 1 (1.5hrs) CANADIAN TIRE	ON ICE GROUP 1 (1.5hrs) CANADIAN TIRE	ON ICE GROUP 1 (1.5hrs) CANADIAN TIRE
9:15 AM			
9:30 AM			
9:45 AM			
10:00 AM			
10:15 AM			
10:30 AM	CHANGE	CHANGE	CHANGE
10:45 AM	ORIENTATION	BALL HOCKEY	ALL SPORT
11:00 AM	ALL SPORT		
11:15 AM			
11:30 AM			
11:45 AM	LUNCH	LUNCH	LUNCH
12:00 PM			
12:15 PM			
12:30 PM	CLASSROOM	CLASSROOM	CLASSROOM
12:45 PM			
1:00 PM			
1:15 PM	WARM UP	WARM UP	WARM UP
1:30 PM	CHANGE	CHANGE	CHANGE
1:45 PM			
2:00 PM	ON ICE IP (1hrs) CANADIAN TIRE	ON ICE IP (1hrs) CANADIAN TIRE	ON ICE IP (1hrs) CANADIAN TIRE
2:15 PM			
2:30 PM			
2:45 PM			
3:00 PM	CHANGE	CHANGE	CHANGE
3:15 PM	HOCKEY CONDITIONING	HOCKEY CONDITIONING	HOCKEY CONDITIONING
3:30 PM			
3:45 PM			
4:00 PM			
4:15 PM	SIGN OUT	SIGN OUT	SIGN OUT
4:30 PM			