

HOLIDAY HOCKEY CAMP (January 2-4)

	GROUP 2		
	WEDNESDAY	THURSDAY	FRIDAY
7:45 AM	SIGN IN	SIGN IN	SIGN IN
8:00 AM	BALL HOCKEY	BALL HOCKEY	BALL HOCKEY
8:15 AM			
8:30 AM			
8:45 AM			
9:00 AM	ALL SPORT	OFF-ICE ACTIVITIES	ALL SPORT
9:15 AM			
9:30 AM			
9:45 AM			WARM UP
10:00 AM	WARM UP	WARM UP	CHANGE
10:15 AM	CHANGE	CHANGE	
10:30 AM			
10:45 AM	ON ICE (1.5hrs) CANADIAN TIRE	ON ICE (1.5hrs) CANADIAN TIRE	ON ICE (1.5hrs) POTVIN
11:00 AM			
11:15 AM			
11:30 AM			
11:45 AM			
12:00 PM			CHANGE
12:15 PM	CHANGE	CHANGE	LUNCH
12:30 PM	LUNCH	LUNCH	
12:45 PM			
1:00 PM	CLASSROOM	CLASSROOM	CLASSROOM
1:15 PM			
1:30 PM			
1:45 PM			
2:00 PM	OFF ICE ACTIVITIES	ALL SPORT	OFF ICE ACTIVITIES
2:15 PM			
2:30 PM			
2:45 PM	CHANGE	CHANGE	CHANGE
3:00 PM			
3:15 PM	ON ICE (1hr) CANADIAN TIRE	ON ICE (1hr) CANADIAN TIRE	ON ICE (1hr) POTVIN
3:30 PM			
3:45 PM			
4:00 PM			
4:15 PM	CHANGE	CHANGE	COOL DOWN
4:30 PM	SIGN OUT	SIGN OUT	SIGN OUT